







EDITORIAL  
CAPSULES

comments in current medical and scientific journals.

### Needless Diagnostic Tests

"Unfortunately, most of these needless [diagnostic] tests originate in prestigious institutions connected with medical schools. Often they are performed on individual patients for 'academic reasons.' This is certainly a poor excuse for a needless test. Physician educators must strive to teach house staff and students clinical thoughtfulness and not how to squander money and time on needless and possibly dangerous tests. We should critically review all of our examinations. The ordinary white coat can be dangerously misleading when called upon to rule out appendicitis, particularly in the emergency room. Simple contrast studies of the upper pouch in esophageal stricture seem harmless enough when performed by a skillful radiologist. However, we frequently see babies sent in from outlying hospitals whose lungs are flooded with contrast material. They are then at greater risk for pulmonary complications. A contrast study of the upper pouch is a lovely thing to show at conferences; however, we should teach our students that a simple P.A. and later film of the chest with a radiopaque catheter is all that is necessary. . . .

"These are only a few of the many unnecessary tests which are being recommended and performed in our teaching hospitals. Unfortunately, the idea soon gets around that not to perform a given test is close to malpractice. Consequently, quelling institutions feel compelled to overuse and rely on them unduly. Now diagnostic tests should be subjected to the same vigorous evaluation as new drug therapy." (Editorial, *John G. Rostagner, M.D., J. Ped. Surg.* 9:307, Dec., 1974)

### Radionuclides Advantages

"The emergence in the past 20 years of nuclear medicine as a distinct diagnostic discipline has been a major clinical advance. . . . Application of these radionuclide techniques to the study of coronary artery disease has been quite recent. . . . However, realization of the potential usefulness of these techniques has fostered an increasingly productive liaison between the two specialties.

"The potential advantages of these radionuclides in evaluating patients with cardiovascular disease is twofold: first, they may permit the noninvasive or atraumatic acquisition of data that might otherwise be obtained only at the time of cardiac catheterization, second, and perhaps more important, they may permit the acquisition of physiologic measurements or observations not attainable by more conventional modes of study. Functionally, these techniques can be divided into those that evaluate cardiac performance and those that evaluate coronary blood flow, regional myocardial perfusion and myocardial viability." (Editorial, *Barry L. Zaret, M.D., Lawrence S. Cohen, M.D., Amer. J. Cardiol.* 35:172, Jan., 1975)

### BRIEF SUMMARY

Sinequan® (doxepin HCl) Capsules

#### Contraindications:

Sinequan is contraindicated in individuals who have shown hypersensitivity to the drug.

Sinequan is contraindicated in patients with glaucoma or a tendency to urinary retention.

Warnings, Usage in Pregnancy:

Sinequan has not been studied in third trimester patients.

It should not be used in pregnant women.

In the judgment of the physician, it is

assumed for welfare of the patient, although animal reproductive studies have not been reported.

Usage in Children:

The use of Sinequan in children under 12 years of age is not recommended.

Safe dosage conditions for this age group have not been established.

MAO Inhibitors: Serious side effects and even death have been reported following the concomitant use of certain drugs with MAO inhibitors. Therefore, MAO Inhibitors should be discontinued at least two weeks prior to the cauclous initiation of therapy with Sinequan (doxepin HCl). The exact length of time may vary and is dependent upon the particular MAO inhibitor being used, the length of time it has been administered, and the drugs involved.

Precautions: Since drowsiness may occur with the use of this drug, patients should be warned of that possibility and cautioned against driving cars or operating dangerous machinery while taking this drug.

Patients should also be cautioned that their response to alcohol may be potentiated.

Since suicide is an inherent risk in any depressed patient and they remain so until

significant improvement has occurred, patients should be closely supervised during the early course of therapy.

Although Sinequan (doxepin HCl) is a digitalis-like drug, the possibility of activation of psychototic agents should be kept in mind.

Other structurally related psychotropic agents (e.g., imipramine and dibenzo-cycloheptenes) are capable of activating psychototic agents.

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Sinequan (doxepin HCl) was similar to the other structurally related psychotropic agents in regards to its ability to potentiate noradrenergic receptors in the animal. However, in the human this effect was not seen. This is in agreement with the low incidence of the side effect of tachycardia seen clinically.

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## SLEEPING BETTER... THE BEGINNING OF THE END OF CLINICAL DEPRESSION/ANXIETY

Even before it helps her clinical depression/anxiety, Sinequan® (doxepin HCl) can help her sleep through the night.

The sedative effect of Sinequan usually helps clinically depressed/anxious patients with accompanying sleep disturbances fall asleep more easily, remain asleep, and awaken more rested. Administering the major portion of the daily dose *h.s.* generally obviates the use of supplementary hypnotic agents.

The marked antianxiety property of Sinequan is particularly helpful in relieving apprehension, tension and worry. Optimal antidepressant effect is usually seen two to three weeks after initiation of therapy.

## SINEQUAN DOXEPIH HCl

10 mg, 25 mg, 50 mg, 100 mg capsules

Wednesday, Feb.

Wednesday, February 26, 1975

MEDICAL TRIBUNE

## Marmoset Ban Said to Hamper Virus Research

By JAMES MAGIE  
Medical Tribune World Service

MILAN, ITALY—A conservationist embargo on exports of marmosets from countries in South America is hampering research on hepatitis A and certain cancer tumor viruses, Dr. Frank T. Perkins, president of the International Association of Biological Standardization, warned here. The ban has come at a time when research progress has brought a vastly expanded need for the animals.

Until recently, the United States imported a few thousand a year. Now the supply has been cut off completely while the demand has jumped several fold.

World requirements for the animals now estimated at 50,000 annually, but early last year the countries of the Upper Columbia Basin—Brazil, Peru and Colombia—banned all exports. Only a handful of laboratories in the United States are breeding them in captivity. The crunch has come during the past four or five months, and investigators at a viral hepatitis symposium of the International Association of Biological Standardization here made a plea for a supply of the small primates.

"As it is, the ban is serving neither conservation nor scientific research," said Dr. Perkins. "The animals are now being smuggled out of South America under such conditions that most of them are either dead or dying by the time they reach the black market in Europe, where dealers are offering them for about \$100 per animal."

### Breeding Called the Answer

Breeding marmosets is the only realistic answer to the problem, according to Dr. Friedrich Deinhardt, of the department of microbiology at Rush-Presbyterian-St. Luke's Medical Center in Chicago. "We saw this coming and have been trying to convince interested scientists to begin for the past 10 years."

The laboratory at Rush-Presbyterian began breeding marmosets in 1961 and now produces some 300 animals a year. But there are none to spare since the laboratory's own needs outstrip this supply.

"We started to use them for tumor virus research, but in insignificant numbers," Dr. Deinhardt told *Medical Tribune*. "The number needed increased considerably when it was shown that marmosets are susceptible to hepatitis A, in addition to six different tumor viruses, including one possible human tumor virus. They are also susceptible to slow viruses. And marmosets are really the only of the best model."

Earlier attempts to transmit hepatitis A or B to chimpanzees produced equivocal results, he noted, due to the fact that they often pick up hepatitis from man after capture, get a subclinical infection, and develop immunity before laboratory experiments can begin. In addition, they are costly to breed in captivity in comparison with marmosets.

 LABORATORIES DIVISION  
Pfizer Inc.  
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or emotional symptoms accompanying organic disease, lower doses may suffice. Some of these patients have been controlled on doses as low as 25 mg./day.

Although Sinequan (doxepin HCl) is a digitalis-like drug, the possibility of activation of psychototic agents may not be evident for two to three weeks.

Supply: Sinequan (doxepin HCl) is available as capsules containing doxepin HCl equivalent to 10 mg., 25 mg., 50 mg., and 100 mg. of doxepin HCl in bottles of 100, 1,000, and unit dose packages of 100 (10 x 10's).

More detailed professional information available on request.

In patients with very mild symptomatology

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Wednesday, February 26, 1975

MEDICAL TRIBUNE

## Colon Polyps Are Removed During Fiberscope Studies

Medical Tribune World Service

MEXICO CITY—In 1,523 colonoscopic examinations with the fiberscope endoscope at the University of Erlangen-Nuremberg, West Germany, the primary diagnostic procedure was at the same time a therapeutic one in 226 cases.

These included the electro-surgical removal of polypoid lesions, the extraction of foreign bodies, the removal of nonabsorbable suture material, treatment with injections, electrocoagulation, and partial electroresection of inoperable malignant tumors.

"The removal of polyps with the high-frequency diathermy snare must today be considered the method of choice," Dr. Peter Frithmorgen told the Third International Congress of Gastrointestinal Endoscopy here.

"Compared with the more time-consuming and personnel-intensive surgical method, it represents a less stressful and risky method for the patient. When invasive carcinoma has been excluded by the workup, this primarily diagnostic procedure represents a therapeutic measure, as it also does in the case of bleeding or invagination-prone polyps."

### 222 Polypoid Lesions Removed

A total of 222 polypoid lesions were removed by this method. An open snare that can be turned through about 120° was developed for the removal of larger pedunculated or multibulbed polyps. With this instrument, the size and form of the head of the polyp no longer represents a limiting factor for resection, Dr. Frithmorgen said.

He stressed that not biopsy but only complete removal and histologic examination of the polypoid lesion can provide the necessary information on biological nature.

Other procedures carried out by the West German team with the one- or two-channel endoscope were:

- Recovery of a transintestinal tube incarcerated in the upper sigmoid colon, as well as the pellet-filled guide, with the aid of a hook fixed to the tip of a flexible tube introduced through the instrument channel of a colonoscope.

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• Sclerosing by injection for the first time of solitary vascular hamartomas in the cecum and transverse colon through the use of an injection cannula located at the tip of a flexible Teflon tube introduced through the instrument channel.

• Electrocoagulation of hemangiomas in the cecum of another patient was sclerosed during the phase of acute hemorrhage, averting ileostomy.

Nevertheless, because of the danger of perforation the procedure was not considered to have reached the stage of general clinical application.

• Partial electroresection and coagulation of inoperable malignant tumors by use of the high-frequency diathermy snare, a palliative measure, was con-

## Identifying Candidates for Fatal Attack



It is now possible to identify persons most likely to die from a sudden heart attack, according to Dr. Charles Oliver, of Washington University, by using a portable heart-monitoring device and a small IBM computer to pick up premature ventricular contractions usually given off before a sudden and fatal heart attack. Superimposed here is an abnormal heart "skip" identified with arrow and V by computer. Lower tracing shows normal heart beats.

sidered to be of probable utility in the prevention of heart and in the treatment of bleeding from carcinomas.

factors are usually secondary in importance to psychosocial ones in human sexual behavior."

He pointed out, however, that androgen is a major biologic determinant of libido. Women who have undergone bilateral adrenalectomy "frequently report diminished interest in sex and decreased sexual responsiveness" and the human male without adequate androgen support "typically reports both a lowered interest in sex and decreased effectiveness in his sexual functioning."

If men with such symptoms have testosterone levels that can be documented as abnormal, he commented, adequate replacement of the hormone will often relieve the problem even though "psychological counseling may be required" to help the patients deal with fears and feelings of inadequacy that developed because of the impotence.

Dr. Kolodny said that studies made at the St. Louis research center of more than 300 impotent men have shown that testosterone levels in impotence are usually normal unless an organic process affecting the endocrine system is present or unless there is drug-induced impotence.

## Testosterone Link To Sex Activity Uncertain

By FRANCES GOONIGHT

Medical Tribune Staff

NEW YORK—A study of 12 heterosexual couples has shown that sexual activity including intercourse does not necessarily produce an increase in the plasma testosterone levels of either man or woman, Dr. Robert C. Kolodny of St. Louis reported here.

Dr. Kolodny, who directs the endocrinology research section of the Reproductive Biology Research Foundation, said the study also showed no correlation between the "intensity of the orgasmic experience" as described by either partner and any change in testosterone level.

The first finding differs from observations on animals since castration stimulation causes levels of this hormone to rise in such diverse species as the rabbit, bull, and rhesus monkey. Dr. Kolodny told the annual meeting of the American Association for the Advancement of Science.

Participants in the human study were volunteers—not patients—and did not have any form of sexual dysfunction, the investigator noted. Furthermore,

the sexual activity took place in the privacy of the couple's homes. They drew their own blood samples, approximately 30 minutes before the start of sexual activity, immediately prior to coitus, and within one minute following orgasm.

One-third of the men demonstrated a 20 to 50 per cent increase in circulating testosterone levels in association with orgasm, "a very consistent basis," Dr. Kolodny said. Yet at the same point in sexual activity other men showed little change or even a slight decrease in testosterone.

Sexual play, with or without intercourse not leading to orgasm, did not produce significant increases in testosterone levels. Masturbatory activity (self-stimulation or partner-stimulation) that led to orgasm caused only minor increases.

The reported intensity of the orgasmic experience was uncorrelated with change in plasma testosterone and no clear-cut preceding peak in circulating hormone levels was observed before a testosterone rise.

The men showed no consistently

men less consistent increases of circulating testosterone levels in association with orgasm than did the men, Dr. Kolodny said, but those who showed increases did so by much higher percentages.

As with the men, there was no correlation between endocrine change and the reported intensity of orgasmic experience. There was also no association between the phase of the menstrual cycle and the endocrine response to sexual activity of either the male or female partner.

Discussing the possible effects of high and low levels of testosterone, Dr. Kolodny emphasized that "biologic



## Aneurysm Bypass Reverses Flow in Aorta

Continued from page 1  
dynamically in the Center's laboratories, Dr. Absolon said, but last April 24 marked the first time—to the best of his knowledge—that it had been performed successfully in a clinical setting.

### Aneurysm Ruptures

Dr. Absolon said the patient had had a type 3 dissecting aneurysm for some time. Months of antihypertensive therapy had failed to control his blood pressure.

"Then," Dr. Absolon said, "the proximal component of the dissection enlarged and finally ruptured. Fluid squirted from the chest was bloody."

"While this was happening he went into renal shutdown and lost consciousness."

ness, probably from interference with the carotid blood circulation," he added. "While he was on dialysis there was probably an extension of the dissection."

"In addition, he also had some embolopathy," he said.

The situation was "inutinous," Dr. Absolon said, and according to a literature search, no patient who had dissected while on dialysis had survived.

Because of the patient's condition,

Dr. Absolon and his colleagues were

reluctant to put him on a heart lung

machine and proceeded with a routine

excision of the dissection and replacement with a Dacron graft.

"We decided to go ahead with the procedure we had developed hemodynamically in the laboratory," Dr.

Absolon said. This involved putting in an auxiliary iliac graft and measuring the pressure and flow through the graft.

"Our rather bothersome thing was that several papers in the literature stated that if you put a graft like this in dogs, this retrograde perfusion of the viscera invariably produces malnutrition," he said. "This did not make any sense, however, because our flow and pressure measurements did not indicate such an effect."

The Hospital Center team then connected the subclavian and thoracic arteries with 20-inch Dacron grafts inserted bilaterally just outside the patient's rib cage. When both ends of the aneurysm were clamped off, the Dacron grafts took over the circulation and re-routed

the blood up through the liver to feed the organs of the gut.

The aneurysm was then closed. The normal aorta measures 2.8 cm in diameter, so during at 1.2 cm, diameter each will be the same capacity. Dr. G said in explaining the reasoning the bilateral implants. If it happened to one of the grafts, the other would push

the patient responded well to operation," Dr. Absolon said. "rather surprisingly, his blood returned to normal without a

### Value in Specific Chemotherapies

Dr. Absolon said the painless medications now are quite remarkable, for his peripheral disease.

Dr. Absolon said he would this procedure as a "panacea" to placement of aortic aneurysm feels that it has value in specific circumstances.

This might include patients with a bypass is contraindicated, in patients on dialysis, or patients congenital defects, he said. "One sole indication would be in a patient with a graft that had become loose; or a patient who has an embolism as well as a graft which would indicate placement of a second graft."

"Other indications might be a rarer aneurysm in the presence of infection, a pseudoneurysm following a trauma, and perhaps some extensive resection of the soft tissue," said.

Dr. Absolon's paper on the procedure was scheduled for publication in the February issue of *Surgery*.

Wednesday, February 26, 1975

MEDICAL TRIBUNE

## Clinical Trials

HE'S THE BEST DOCTOR I'VE MET SO FAR



WHAT IS IT THAT YOU LIKE ABOUT HIM



by Olden

13

## Drug Therapy May Remedy An Intracellular Heart Defect

*Medical Tribune Report*

**Marco Island, Fla.**—A strong possibility for a drug therapy to remedy an intracellular defect in diseased heart muscle is emerging from some systematic studies of the molecular pathology that occurs when such a muscle cell contracts and relaxes, according to a report here by Arnold Schwartz, Ph.D., Professor of Cell Biophysics at the Baylor College of Medicine.

The key to heart muscle cell contraction and relaxation—the link between the electrical and mechanical processes—is the charged calcium ion, *Ca<sup>2+</sup>*. At the cell sarcomere, Dr. Schwartz told the American Heart Association's Second Science Writers Forum here, *Ca<sup>2+</sup>* serves to "open up" a specific site on the actin molecule, which triggers a yet unknown force-generating mechanism between the actin and myosin—and causes contraction.

### Very Active Relaxation

"Relaxation" of the cell is not what the word implies, Dr. Schwartz said. It is a "very active process" in which the cell's sarcoplasmic reticulum "pulls calcium away" from the site it occupied to trigger contraction. During the heyday of heart transplantation at Baylor, Dr. Schwartz and colleagues minutely examined 35 diseased hearts removed from transplant patients. In all of them, regardless of the causes of the disease, the investigators found a specific defect in the heart cell sarcoplasmic reticulum. The only other common characteristic of the hearts was that they were deficient in pumping ability.

Since then, Dr. Schwartz and associates have been working with dogs in an effort to mimic the failures of the heart muscle cell transport system. Following a lead furnished by Dr. Burton Pessman of the University of Miami, they have been using an experimental antibiotic, RD 2-2985, which is an "ionophore" that has an affinity for such ions as calcium and can move them across membranes.

In dogs pre-treated with the drug and then having coronary artery ligation and induced infarction, the pumping action of the heart is not nearly so decreased as it is in untreated animals, Dr. Schwartz said. If this drug or derivatives of it prove suitably non-toxic, he said, there seems to be a potential for its "extreme value" in warding off

celiac first-aid treatment shortly after being hit and were hospitalized within six to eight hours, whereas the Egyptians had mostly received no or inadequate first-aid and were hospitalized one or two days after being hit.

Thus, the report said the wounded Egyptians who lived long enough to be picked up by their captors, while many of their comrades died, were a selected population exemplifying the principle of the survival of the fittest.

### Greek Infant Death Rate

*Medical Tribune World Service*

**ATHENS**—The death rate of infants (0-11 months) in Greece is now 30 per thousand as against 38 per thousand 10 years ago, but is still high in comparison to other developed European countries, according to Dr. Christos Karassis, of Salonic University.

## 'Roll-Over' Test Flags High BP Of Pregnancy

**Continued from page 1**  
stand around for 15 minutes, they would rather take a blood sample and send it off to the lab, so we wound up with our nurses doing it," Dr. Giant said.

If the diastolic pressure rises more than 20 mm. Hg. above the constant base-line reading, the patient has a 90 per cent chance of developing hypertension, he said.

### 'Little We Can Do'

"Please don't make me out as a zealot for this screening test," Dr. Giant told a press conference yesterday. "There is little we can do for them except lower their physical activity. If I had a drug to give them, I would demand that every physician give the test, but I don't have a drug." However, he did advocate the test for pregnant teenagers, who with an incidence of 20 to 25 per cent, represent the highest risk group. It should be done between the 28th and 32nd week, he said.

"If we have beds, we admit such patients for rest; if we have no beds we watch them carefully as outpatients. Many of them get to term and then develop hypertension, while others get to the 36th week and then we deliver them. Those who do not develop the hypertension early are the ones most at risk."

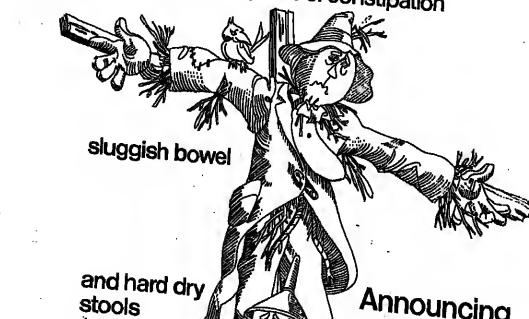
The hypertension may lead to eclampsia, grand mal seizures, and to severe growth retardation of the fetus, he said. In fact, he added, the fetus should be referred to as the second patient.

### Can Modify Eclampsia

"Eclampsia is a chronic disease which develops many weeks before we can measure the changes with a blood pressure cuff. In many patients the changes occur 14 to 16 weeks before the development of hypertension. But if we can detect the disease we can modify it with rest," Dr. Giant said.

Medication to bring the mother's blood pressure down is not appropriate, he said, because the reduced blood flow reduces the functional plasma reserve for the baby.

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## Pasteur Institute in Deep Financial Trouble

By JAMES MAGEE  
Medical Tribune World Service

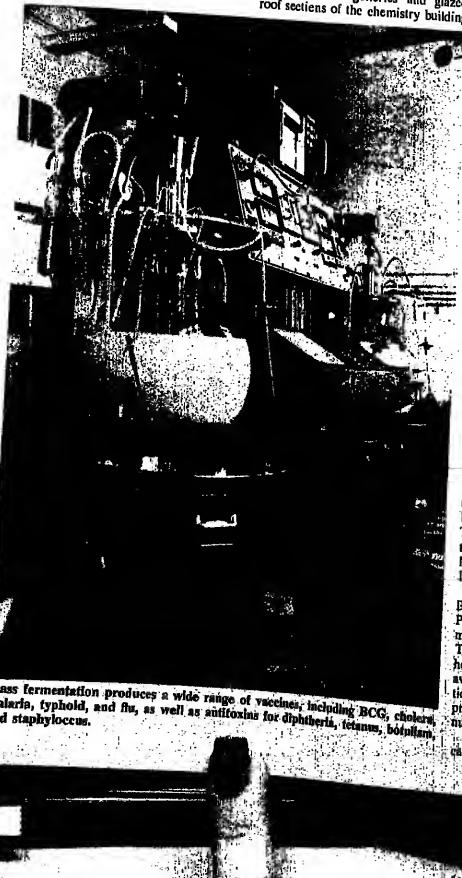
PARIS—The famed Pasteur Institute, source of medical research that has earned eight Nobel prizes and a world resource in the understanding and treatment of infectious diseases, is in deep financial trouble.

Traditionally 70-80 per cent self-supporting, but with an increasing operating deficit and outmoded and crowded facilities, the Institute faces the need for greatly increased Government financial support; so desperate is the situation, in fact, that it is seriously contemplating selling its present site and moving out of Paris.

In 1973 Institute director Jacques Monod, Sc.D., drew public attention to the difficulties facing the research center, as it headed into its sixth consecutive year of worsening finances.

See One Man and Medicine, pg. 18

"If we are to survive, then we must accept the fact that we have to become more and more dependent on state aid," Henri Perrier, the Institute's principal spokesman, told *Medical Tribune* here. "At present state help amounts to about 20-30 per cent of our income. If we are to keep going, this assistance will have to be virtually doubled."



Mass fermentation produces a wide range of vaccines, including BCG, cholera, malaria, typhoid, and flu, as well as antifoxes for diphtheria, tetanus,破伤风 (破伤风), and staphylococcus.

In the end it will be Madame Simone Veil, France's tough-minded new Minister of Health, who will decide. But first she has called for information, and the whole Pasteur organization is being reviewed by Government experts.

At the same time the scientists and managers on the staff are being interviewed, and their reactions and suggestions recorded for later analysis.

### Buildings Dilapidated

But there is more to the problem than the present working deficit. An old print of the inauguration of the Pasteur Institute in 1888 shows women in bustles and gendarmes with sabers walking in the grounds of the main building. The sabers have vanished, and the bustles have given way to tom-tom-hanging blue jeans, but the central buildings remain unaltered by the passage of almost a century.

Grouped tightly around the central campus are a jumble of other buildings of varying architectural styles, from French neo-classic to the glass and steel of the recently-constructed molecular biology wing.

Many of the laboratories built in 1887 are still in use today, and there have been warnings that some of the older installations are getting positively dangerous. The galleries and glazed roof sections of the chemistry building

are weak, and the maze of ancient piping that brings electricity, gas, and water through the labs has been described as a plumber's nightmare.

This has evidently not affected the work of the Institute, and Dr. Monod himself carried out most of his Nobel prize-winning research in an attic. But, as Mr. Perrier points out, there must finally be an end to improvisation. It is the Pasteur tradition of scientific achievement is to be maintained, the research staff must have buildings and equipment adapted to modern needs. Room must also be found for a projected 20 per cent increase in research staff, particularly in the departments of immunology and virology.

According to staff consensus, there are only two solutions: either to tear down and rebuild on the present site, or pull out of Paris altogether.

### Some Want Mediterranean Site

For some of the younger scientists, nostalgic for the academic centers of the U.S. West Coast, this would be a good time to create a French Berkeley or Stanford on the Mediterranean. Why not put the Pasteur Institute down near Antibes, for example, and use it as a magnet to draw other research centers away from the domination of Paris?

But in the eyes of the Institute's governing board, such concepts are *follement*, a word that for the French has come to signify anything impractical. Some powerful influential, including Monod's ex-Nobelist Dr. François Jacob, want to demolish and rebuild on the Paris site. They point out that it is hallowed ground, with Pasteur's apartment and his tomb part of the central building. Furthermore, it is close to all the major Paris hospitals, which facilitates research contacts and training.

Architects retained by the Institute estimate that the work would take at least six years, would cost some 150,000,000 francs (about \$30,000,000), and create huge difficulties in maintaining research facilities. Considerations of this kind are already holding up the construction of a new department of immunology, for which the Institute received a donation of 10,000,000 francs from the Rayna Foundation in London in 1971.

### Monod Would Rebuild at Garches

Dr. Monod's idea is that the Institute should sell its real estate, which he estimates is worth 220-240,000,000 francs. He would use 150-160,000,000 to rebuild at Garches, a location 10 miles outside Paris where the Institute already has some buildings. There would still be enough left over to wipe out the debt burden, calculated to reach around 70,000,000 francs by 1977.

For some, the idea hints of sacrifice. But Dr. Monod points out that in fact Pasteur died at Garches, and a Pasteur museum could be constructed there. To objections that it is outside the city, he answers that it is only 10 miles away. In any case, the Pasteur vaccination center would remain in Paris for practical reasons, and could be the nucleus for a Pasteur hospital.

There are still some "ifs." "We cannot be certain that the Paris City



Pasteur in his laboratory.

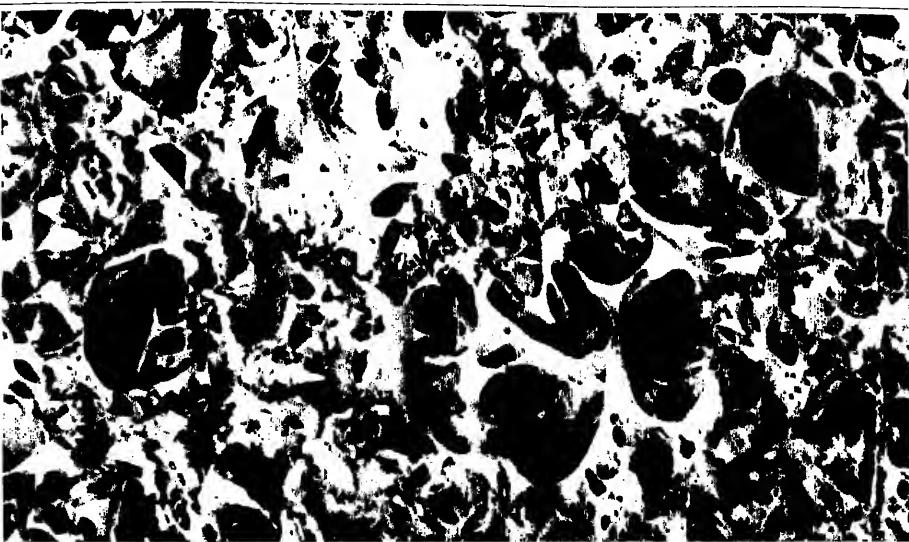
Council will allow rebuilding on site if we sold it," Mr. Perrier says. "They might insist on making a present space, with the Pasteur as the center. If that was their desire the real estate would fall to a value of about 100,000,000 francs and we would still face major difficulties."

Another drawback is that the site at Garches does not belong to the Institute. It is in fact an loan from the Ministry of Education (an arrangement made with Pasteur in 1883). Official permission might not be forthcoming for construction on the site.

Dr. Monod submitted his plan to the governing board of the Institut Pasteur October, and although they have not yet given the green light, they authorized him to give it further study and more information. No one so far has come up with an alternative, short-huge subsidy from the Government.



Gerbil mouse raised at the Institute.



Portion of normal human lung shown by scanning electron microscope.

## Emphysema—Fastest Growing Cause of Death

EMPHYSEMA, the most rapidly increasing cause of death in the United States, is now the third leading cause of death from respiratory disease. Emphysema takes many forms. When considered together with chronic bronchitis, the two are referred to as chronic obstructive pulmonary disease. Both emphysema and chronic bronchitis produce breathlessness, cough, and increased susceptibility to respiratory failure and death. Chronic obstructive pulmonary disease attacks middle-aged men and women and is particularly common in smokers. It is now believed that early abnormalities (physiologic and biochemical) related to emphysema and chronic bronchitis may be detected at a stage when lung damage is still reversible.

A new and promising method—measurement of closing volume—has been developed for the early detection of changes in lung function and structure that appear to be the first signs of chronic pulmonary disease. It is presently believed that in persons with abnormal closing volume measurements but with otherwise normal lung function tests, the progression of disease may be reversed and disability prevented with proper treatment and the cessation of smoking.

Human lung with emphysema.





# One Man... and Medicine

ARTHUR M. SACKLER, M.D.  
International Publisher, Medical Tribune



## The Vicissitudes of the Pasteur Institute

ON MY FIRST TRIP to France in 1949, I made a pilgrimage to the birthplace of Claude Bernard. I was moved to establish it as a shrine to the mind of man, but was too late. In the years that followed, at international congresses and scientific meetings and in personal contacts I've met so many great French scientists that I became a scientific Francophile. Today, it is with deep sadness that one observes the vicissitudes of the organization which commemorates the achievements of another of France's and one of the world's greatest scientists, the Pasteur Institute.

The founding of the Pasteur Institute came upon a wave of public appreciation for a pioneering social and scientific philosophy. For Pasteur, service to industry in the manufacture of wine and vinegar, the salvage of sericulture and aid to farmers to protect their flocks against anthrax and cholera were not simple, moral commercial tasks but scientific levers of opportunity in the context between the "forces of destruction" and those of "peace, work and health."

### Origins of Institute

Pasteur did not neglect the daily efforts of vintners and farmers whose profits and produce he sought to protect. His dedication to industry and agriculture, rather than impending, actually aided his penetrating genius to "enlarge the frontiers of life." He opposed the "law of blood and death" which "sacrifices hundreds of thousands of lives to the ambition of a single individual." It was comprehensible, in fact absolutely natural, that the Institute which was to honor his name would rise from blueprints contributed without fee and from the voluntary labor of French workers who gave generously of their time while men and women of all nations made monetary contributions.

Since its founding, following Pasteur's appeal at a meeting of the French National Academy for an independent institute, the Pasteur Institute's activities have exemplified its founder's credo that science should be independent of bureaucracy, government or educational, and that there is no dichotomy between basic and pure research but that fundamental medical investigations must be inextricably linked with the practical task of the conquest of disease. As a result, a unique scientific institute evolved on what is now an historic thirteen-acre site in Paris. Here, on the Left Bank, a staff of over 2,000 carry on research at the highest levels, run a hundred-bed hospital and in their laboratories and hundred thousand volume science library give post-graduate training to over 300 fellows from throughout the world. The Institute is much more than a simple memorial to a great scientist, more than a museum housing Pasteur's notebooks, his original laboratory and even his living quarters over it. It is more than a scientific shrine in which a great scientist is enshrined in its marble.

### EPIGRAMS—Clinical and Otherwise

No physician, *hors fair* as he is a physician, considers his own good in what he prescribes, but the good of his patient; for the true physician is also a ruler having the human body as a subject, and is not a mere moneymaker.

Plato (c. 428-348 B.C.)  
*The Republic*

Institute as the most blunt industrial executive.

Jacques Monod forthrightly faces a tragic irony. At a time of epochal achievement and upon the verge of major breakthroughs, the fiscal viability and therefore the independence of the Pasteur Institute is being tested. It is a bad time. The "guardian angels" of Pasteur's memory can provide little help. Science confronts a growing anti-science. Hope becomes hostage to fear and both Faith and Charity are derrogated by men of little faith and less charity.

The survival of the Pasteur Institute and its rebuilding, its independence from governmental bureaucracy and its continuing ability to put basic sciences at the service of man now rest in the hands of one man. The director of the Institute is, in his genius and intelligence, in his boldness and innovation, in his basic philosophy and his ability to articulate it, a worthy heir to the man who gave his name to what has become a glory of France and of the world of science.

Next week *One Man and Medicine* will explore the philosophy of the Institute and how changing times threaten it, and some of the thinking behind the plots for its preservation.

### Ritalin® hydrochloride (methylphenidate hydrochloride)

#### TABLETS

**INDICATION**  
Minimal Brain Dysfunction in Children  
as a primary therapy to other remedial  
measures (psychological, educational,  
special Ophthalmic Considerations).

**SPECIFIC INDICATIONS**

Specific indications for the use of Ritalin® (MD) is unknown, and there

is no single diagnostic test. Adequate  
diagnosis requires the use not only of  
medical but of special psychological,  
educational and environmental factors.

Characteristic symptoms include:

Impulsiveness, distractibility,

inattention, and moderate to severe

abnormal EEG. Learning difficulties

and emotional instability are also

common.

MD must be used under medical

supervision and in conjunction with

other remedial measures.

Diagnosis of MBD must be made

by a physician and the child must

not suffer from other conditions

or moods alone are insufficient.

The diagnosis of MBD must be

based on the presence of two or

more of these characteristics.

**DRUG TREATMENT** is not indicated for all children with MBD. Ritalin® is not intended for use in the child who has no symptoms or only mild symptoms. Also contraindicated is the use of Ritalin® in children with hyperactivity, and moderate to severe emotional instability or other remedial measures (psychological, educational, special Ophthalmic Considerations).

**WARNING** Ritalin® should not be used in children under six years, since safety and effectiveness in this age group have not been established.

Ritalin® should not be used for severe depression, or for the prevention of convulsive seizures.

Ritalin® may lower the convulsive threshold, with or without prior EEG ab-

normalities, even in the absence of seizures.

Side effects of amphetamine and Ritalin® has not been established.

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**'Doctors Often to Blame'**

## Timely Action Urged in Tay-Sachs Pregnancy

BY MICHAEL HERMINO  
*Medical Tribune Staff*

BROOKLYN—"Doctors are often to blame when Tay-Sachs disease is not detected by amniocentesis between the 16th and 22nd weeks of a woman's pregnancy, in time for therapeutic abortion if necessary," Dr. Bruce Volk, director of the Isaac Albert Research Institute of Kingsbrook Jewish Medical Center and Clinical Professor of Pathology, State University of New York, Downstate Medical Center, told MEDICAL TRIBUNE.

Accurate screening of persons of child-bearing age for Tay-Sachs carriers is presently the only way to prevent this incurable, autosomal recessive disease, he said, but it is wholly preventable if doctors are aware of the importance of early prenatal diagnosis.

**A sphingolipidosis Ward**

Kingsbrook is still conducting mass screening programs of college students at risk and members of various Jewish organizations in the New York metropolitan area, running the world's only maintenance ward for patients with sphingolipidosis, and continuing its basic research in enzyme-deficiency diseases, despite severe losses in financial support, Dr. Volk reported.

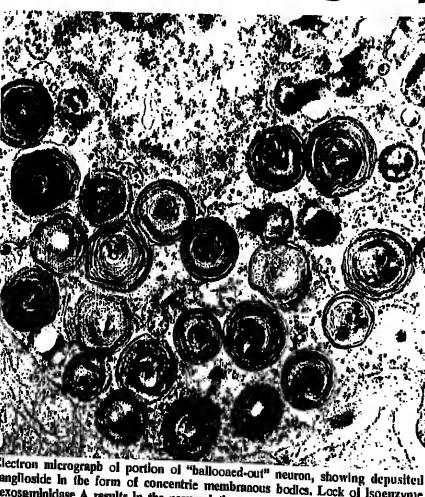
"We lost support from N.I.H. during the Johnson Administration, and this year the Tay-Sachs Foundation has cut its grant by 60 per cent. So we've felt the pinch as badly as everybody else," he said.

Although a "cure" of Tay-Sachs is a long way off in his opinion, Dr. Volk said that a good possibility for it may lie in experiments such as those underway at Kingsbrook with purified hexoamnidae A (Hex A). Lack of fats isoenzyme in the amniotic fluid and cells aspirated from the fetus by amniocentesis is a sign that it has Tay-Sachs disease and should cause the parents to strongly consider a therapeutic abortion, he stated. "In some of our experiments, fetal nerve tissue from these fetuses was used to see if the missing enzyme Hex A can enter the cells and thereby prevent Tay-Sachs."

**Animal Models Studied**

In the event that this proves feasible, he added, investigators at Kingsbrook are also studying animal models that may be the counterpart of the gangliosidosis of Tay-Sachs in man, to determine whether replacement of a missing enzyme (not necessarily Hex A) can prevent the disease. "Tay-Sachs in man is caused by the neuronal degeneration of the central nervous system because of progressive intracellular accumulations of excessive amounts of the sphingolipid known as ganglioside  $G_{M_1}$ . So far we believe that our animal models have a  $G_{M_1}$  gangliosidosis, a relative of the  $G_{M_1}$  gangliosidosis in Tay-Sachs, so we don't know how far to extrapolate these findings to the human situation," Dr. Volk said.

"The most important phase of our research to date is still mass screening. The patients of highest risk are Jewish couples when both individuals are of Eastern European origin. If both of these prove to be Tay-Sachs carriers,



"Ballooned-out" ganglial cells of the frontal lobe of a Tay-Sachs infant show effect of excess amounts of ganglioside  $G_{M_1}$ . Granular accumulation of ganglioside eventually leads to neuronal degeneration of C.N.S.

one child in four could be born with the disease.

"With amniocentesis, we can accurately predict which one of those four is afflicted before it is born. We can also help the woman who has already endured the experience of a previous Tay-Sachs baby and may be suffering severe anxiety that she will have another. When we assure these women that they can have a healthy baby without fear, the relief for them is sometimes unbelievable."

"The birth of a Tay-Sachs child can traumatize an entire family for life," Dr. Volk said. "In addition to the nightmarish experience of watching a healthy-looking infant slowly turn into a vegetable and 'black out,' the expense of caring for a Tay-Sachs patient is a financial sacrifice of the first order—as much as \$50,000 a year for the constant care required. So even

though the overall risk may be small, Tay-Sachs is an overwhelming burden when it occurs. And the chances of this are 100 times as great for Ashkenazi Jews than other Jewish and non-Jewish populations," Dr. Volk explained.

**Glycolipids Not Metabolized**

"We've already learned that in Tay-Sachs, certain glycolipids are not metabolized due to the lack of Hex A. These substances accumulate in the gangliosides, causing them to 'balloon out' and produce, within three to five years psychomotor degeneration characteristic of the disease," he said.

"As many as one out of every 30 Ashkenazi Jews in the United States may be heterozygous for the defect."

Kingsbrook, he pointed out, has been active in securing legislation in the city council to see that a pamphlet on Tay-Sachs is

available at all marriage bureaus in the city.

The real responsibility for early detection, Dr. Volk maintained, is on all practicing physicians.

"Until we find a cure, mass screening of high-risk sectors of the population and amniocentesis of suspected pregnancies are the only means we have of dealing with Tay-Sachs, and the only hope for curing more about it," Dr. Volk concluded.

"The explosion of knowledge about the sphingolipidoses in the past ten years has meant remarkable progress in identifying the genetic factors involved."

"With continuing educational programs and publications, we hope to increase medical understanding and awareness of Tay-Sachs disease. I think this is essential to our overall success."



Kingsbrook's special 16-bed ward is said to be only maintenance ward for patients with Tay-Sachs and other sphingolipidoses in the world.

Wednesday, February 26, 1975

MEDICAL TRIBUNE

## 16-OH Steroids in Low-Renin Hypertension

*Medical Tribune World Service*

MEXICO CITY—A significant role for the 16-hydroxylated compounds in low-renin essential hypertension was suggested here by two teams of U.S. investigators at the Fourth International Congress on Hormonal Steroids.

One group found what was described by Dr. James Melby, Professor of Medicine at Boston University, as a "unique steroid structure and a unique steroid effect." This compound, reported for the first time, was identified by Dr. Sidney L. Dale as 16 alpha, 18-dihydroxy-DOC. Conversion of labeled 16-OH-DOC to the new structure was shown to be greatly accelerated by the adrenal tissue in patients with low-renin essential hypertension. It was found to be secreted in superabundance in this condition.

"Twenty per cent of all hypertensive patients in the United States have low plasma-renin activity," Dr. Melby said, "and findings in them are remarkably similar to those in patients with primary aldosteronism. Knowing, however, that only 1 to 2 per cent actually have primary aldosteronism, we looked for a different steroid structure."

**Steroid Antagonist Suggested**

Four such patients showed excess 16 alpha, 18-dihydroxy-DOC—which made the investigators think that it could be important in the genesis of suppressed renin in a certain proportion of patients with hypertension because of the unique activity of this steroid, which appears to function as a cooperative or positive allosteric effector of aldosterone. This was thought to be one of the first demonstrations of such an effect.

Clinically, the interpretation of the finding was that in a significant percentage of patients having normal steroid secretion, treatment would be more specific with use of steroid antagonists.

Another new 16-hydroxylated steroid, also excreted in excess in patients

with low-renin essential hypertension, was identified by a group from Vanderbilt University, was described by Dr. Grant Liddle, Professor of Medicine.

"Patients with low-renin essential hypertension have certain features consistent with excessive mineralocorticoid activity," he explained, "and because known mineralocorticoids are normal in most of those patients, we tried to find an explanation for such activity."

Using adrenalectomized rats to assay mineralocorticoids, urine extracts from patients with this disorder were found to contain more mineralocorticoid activity than could be accounted for by the known examples contained in the extract.

The unknown substance causing this

## IMMATERIA MEDICA

**The Western Slope**

• Dr. Harold Zimmerman of Laramie, Wyo., was taken by a piece of *Cutis*:

"When the older physician saw this patient, he made the diagnosis within seconds; the younger physicians were completely ignorant of both Dr. Melby and the cause for the ulceration. *Sic gloria transi.*"

He feels the Latin is putting the cart before the horse. We figure Gloria was sick but had to travel.

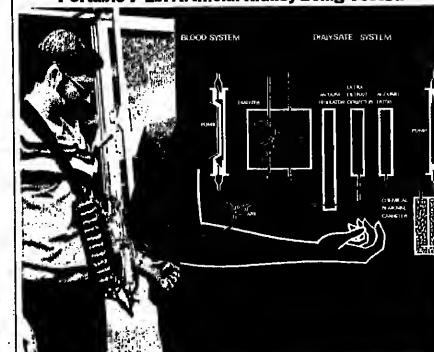
• "In comparing a six month tour of mainland China during 1945 to a recent one-month visit in 1973 is about as parallelistic as an overladen cesspool is to a Palm Springs condominium."

—Utah Medical Bulletin

Some of those Palm Springs condominiums are getting awfully parallelistic, we understand.

Once again: contributions to *Immateria Medica* are welcome. Send in the best anecdote you heard at a meeting.

### Portable 7-Lb. Artificial Kidney Being Tested



A portable 7-pound artificial kidney is being tested by University of Utah scientists. A patient on this kidney undergoes two hours of dialysis daily. This maintains an even chemical balance in the blood and prevents a waste-product buildup. The patient must also spend one hour with the unit hooked to a 20-l. tank for the removal of urea.



Good fluid balance.  
©1973 Medical Tribune

## Corticosteroid Prophylaxis Aids Prematures

*Medical Tribune World Service*

BERLIN—Corticosteroid management during the 32nd week of pregnancy or later has been found to reduce the incidence of hyaline membrane disease considerably in premature infants. Dr. H. Eckert, of Frankfurt University Women's Clinic, told the Seventh German Perinatal Medicine Congress here.

One significant observation, the investigator said, was that corticosteroids specifically bring about an increase in surfactant phospholipid content.

The prophylactic effect of corticosteroids relative to lung maturity in premature infants is more significant for hyaline membrane disease morbidity than mortality, Dr. Eckert said.

In all single births born in the 18 months prior to adoption of cortisone prophylaxis at the Frankfurt clinic, the incidence of hyaline membrane disease was classified retrospectively as a function of gestational age and weight at birth.

Before the thirty-second week of pregnancy, incidence was 64 per cent; during the thirty-second to thirty-sixth

weeks inclusive 30 per cent; and after the thirty-sixth week only 0.5 per cent.

Corticosteroid prophylaxis for pregnant women with premature pangs during the latter half of pregnancy, Dr. Eckert said, consists of intravenous administration of 60 mg. 16-methylprednisolone on each of at least three consecutive days. Prior to therapy, amniocentesis is performed to determine the stage of development.

**Significant Rise in Lechitin**

Dr. Eckert's group has obtained lechitin and creatinine charts and clinical analyses of fetuses after corticosteroid prophylaxis in 42 pregnant women compared with 30 unmanaged controls.

While creatinine did not react appreciably with 16-methylprednisolone stimulation, there was a significant rise in lechitin as a determinant surfactant parameter after three days of corticosteroid management, the investigator said. The more advanced the pregnancy the more pronounced this rise in lechitin level became. Before the thirty-second week of pregnancy none

was observed, from the thirty-second through thirty-sixth weeks it came to 40 per cent and after that to 56 per cent. No rise in lechitin was recorded in the unmanaged controls.

The stimulant effect of corticosteroid on lechitin synthesis was confirmed by animal tests both *in vivo* and *in vitro*.

Dr. Eckert described 26 premature births delivered after corticosteroid prophylaxis during the thirty-first through thirty-seventh weeks of pregnancy. The mothers had been given 60 mg. 16-methylprednisolone at least 24 hours and not more than seven days before the delivery. Three prematures, two of them before the thirty-second week of pregnancy, developed a typical membrane syndrome despite prophylaxis; in three other prematures a previously unobserved form of the membrane syndrome was noted, which was distinguished clinically by its short and comparatively mild course, though exhibiting typical  $pCO_2$  and  $pO_2$  alteration. These modified, fairly mild forms seemed generally more frequent after corticosteroid management.

One other child, delivered at a weight of 1300 grams during the thirty-third week of pregnancy, survived with

the group of 16 prematures delivered between the thirty-second and thirty-sixth week of pregnancy, the incidence of hyaline membrane disease amounted to five per cent; one child developed a severe membrane syndrome in conjunction with sepsis, which eventually proved fatal.

**Incidence 30% in Controls**

One other child, delivered at a weight of 1300 grams during the thirty-third week of pregnancy, survived with the group of 16 prematures delivered between the thirty-second and thirty-sixth week of pregnancy, the incidence of hyaline membrane disease was 30 per cent. *Couillon*'s were R. Gerner, E. Halberstadt and V. Loevenich.

In the group of 16 prematures delivered between the thirty-second and thirty-sixth week of pregnancy, the incidence of hyaline membrane disease amounted to five per cent; one child developed a severe membrane syndrome in conjunction with sepsis, which eventually proved fatal.